

At Alder College, we strive to provide opportunities to students for a holistic development through co-curricular activities. In this endeavour, Naga wrestling has become identical with it. In fact, over the years, it has emerged as the distinctive feature of the college. While we are cautious that it would be presumptuous to assume that it results in a large students' admission into the college for lack of quantifiable data, its vindication is not untrue either.

A result of the painstaking efforts undertaken, Naga wrestling has become synonymous with Alder College. The Naga wrestling which is a traditional sport of the Tenyimia tribes of Nagaland witnessed an increase in participation from 12 in 2013 to 28 in 2021. During the Alder Fest 2021, the first ever ANNUAL INTER-COLLEGIATE WRESTLING COMPETITION, 22 participants from 11 colleges including two from non-Tenyimia students, an Ao and a Lotha participated in the competition.

An achievement worth mentioning is that Mr. Azhalhou Kire, the winner for the first Annual Inter-collegiate Naga wrestling competition, went on to win the runner-up position in the first Biennial Naga Wrestling Competition organized by Sazolie College, Jotsoma on the 6th of May 2022.





